

Myecon / Funny Money Zoom Call

Associate Info:

Instructor: Sean Lattimore

Website: abovefaith.com

Cell: 770-895-3377

Fax: **678-302-6070**

E-Mail: seantaxservice@yahoo.com

Name: _____

(Print please)

Phone:() _____ - _____

Fax:() _____ - _____

E-Mail: _____

Online Financial Training Class

go to abovefaith.com

Click on **Zoom Calls**

1) Go to bottom of page

2) then **Click Here to Join Live Zoom Meeting**

Passcode: **1776**

Funny Money Zoom Call

“New Year, New You”

This Year Theme:

“Come Alive in 2025”

Do something you never done before

Sean Lattimore

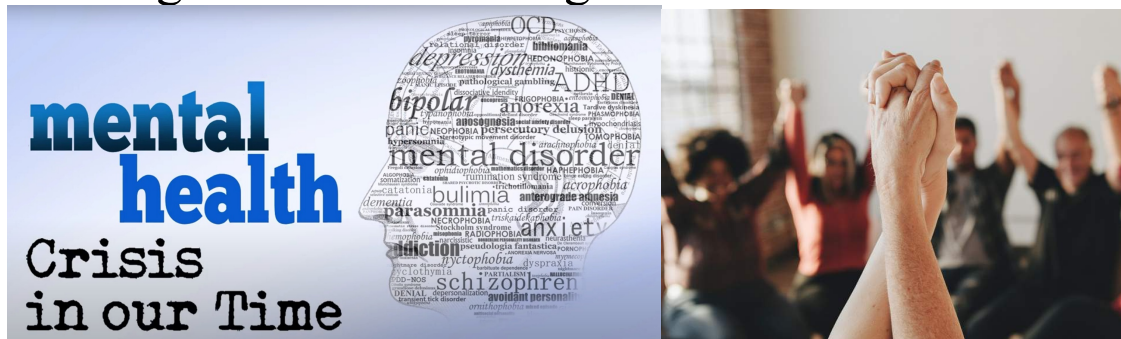
Website: abovefaith.com

Phone: 770-895-3377



October is
Breast Cancer Awareness Month
and
Mental Health Awareness Month

Please get cancer screening and work on Mental Health



Small groups at church and online Psychiatrist help with mental health. Talking to someone who been in a mess can help you cope or keep going. That's why most people go to church.

Men and Women should tested for cancer.





Talking about Money & Finance is Stressful – That's why most people don't do it.

What Myecon does is **make it easier to talk about it** and put together a **plan to better finances**.

Strategies to Improve Mental Health:

1. Self-Care:

- Engage in regular physical activity.
- Maintain a healthy diet.
- Get adequate sleep.
- Practice relaxation techniques, such as meditation or yoga.
- **Set realistic goals and celebrate achievements.**

2. Social Support:

- Connect with friends, family, or a support group.
- Share your feelings and seek emotional support.
- Volunteer or participate in community activities.

3. Professional Help:

- Consider therapy or counseling with a licensed mental health professional.
- Explore medication options if recommended by a doctor.
- Utilize crisis hotlines or emergency services when needed.

4. Lifestyle Modifications:

- Reduce stress levels by managing time effectively and setting boundaries.
- Limit screen time and reduce exposure to negative news.
- Avoid alcohol and drug abuse.
- Engage in hobbies and activities that bring joy and relaxation.

5. Additional Tips:

- Practice gratitude and focus on the positive aspects of life.
- Develop coping mechanisms for dealing with challenges.
- Take care of your physical health, as it can impact mental well-being.
- Seek help early if you experience symptoms of mental illness, such as depression, anxiety, or psychosis.

Remember, improving mental health is an ongoing process that requires effort and support. It's important to find what works best for you and to be patient with yourself. If you are struggling, don't hesitate to reach out for help.

1) **Cashflow Manager** – Record keeping

Have you been keeping any records?

If not, this is the last Quarter of the Year let's finish Strong!!

2) **Cashflow Strategist** – Financial / Debt Elimination plan

Did you do one if not lets go – we can do one together just let me know- 2 heads are better than 1

A) Starter Emergency Fund – Starter \$100/ \$500 in 30 days

B) Second Level Emergency Fund - \$1000-\$5000

B) Longterm Emergency Fund- 3-6 mths living expenses- \$10,000- 50,000 or more

3) / Debt Elimination Plan

Did you pay down any debts in the month of September?

If so- Congrats on good Job!! -Reward yourself

Go to movie / Mini Trip / Etc Enjoy Life!!- Minimize Stress

What is you plan next month / how much debt will you pay down or off?

4) Money Management Plan- Did you cut cost this month to save money ?

A) Car Ins – Eating out- Internet- Cable-Life Ins-Etc

Business Plan 10.0 (October Version)

4th Quarter October - December

Would you Hire yourself?

Can you live off what you kill?????? –

*Sell product or service with no **JOB- Just Over Broke!!***

Are you a lazy worker or Hard Worker?

How much time do you put in your business? 1-2 hours a day/month/year?

Do you have a business mindset? If not read these books on finance and money

1) **Robert Kiyosaki- Rich Dad / Poor Dad**

2) **Who Moved my Cheese**

Have you put your Financial / Business Plan together for the next month.-Here is my plan for October

1) **Month** – I plan to put out 50- 100 signs- **Pics below**

Did 30 signs last Month in Atlanta

A)I bought 100 signs for\$200



B) I bought 50 wood stakes = \$60

C) Put out 30 – 60 signs is Atlanta

***Quarter Plan** – I plan to make \$25,000 this quarter*

*2) **Yearly Plan** – I plan to make \$100,000 – 150,000 this year*

*3) So far I am at **\$80,000***

Watch video from 1-26-25 on how to do Detailed business Plan on abovefaith.com click zoom calls

One Sign / Customer can bring you \$1million dollars!!!



Stocks/ Investments

The President is passing tariffs on other countries which is driving the stock market down.

What does this mean?

*It means stocks will **be on sale for a while**- but when he lifts the tariffs, they will shoot up sky high – **so buy low and sell high.***

The stock market is on a down turn. So that means stocks are on sale. So be careful in the market when you buy. I would suggest get in and out of stocks because of volatility.



If you want an easy sock to buy, get FAGIX with Fidelity account.

The stocks I buy are around a \$1 because the stock exchange have a rule if you don't get to \$1 in 6 months to 1yr they kick you out.

So, if you buy a stock under \$1 you have a good chance it will go up.

The stocks I have bought and are watching are:

Stock Date 2-2-25

AMC- \$3.10
TNXP - .43
DGLY .22
ATIP \$1.04
SAVEQ- .60 Spirit Airlines

Stock Date 2-16-25

AMC-\$3.57
TNXP-\$11.91
DGLY-.08
ATIP-1.04
SAVEQ-.61

Stock Date 2-23-25

AMC- \$3.46
TNXP- \$9.25
DGLY- .09
ATIP- \$1.12
SAVEQ - .49

Stock Date 3-2-25

AMC- \$3.32
TNXP - 7.78 - **52 week low- Super Sale!!**
DGLY .08
ATIP \$1.10
SAVEQ - .47

Stock Date 3-30-25

AMC- \$2.87
TNXP- \$20
DGLY .03
ATIP- \$1.19
SAVEQ-Removed Bankruptcy

Stock Date 5-15-25

AMC - \$2.74
TNXP-\$22.08

DGLY .04 – Was .50 5-5-25 Down 80% Big Sale
ATIP- \$.90

Stock Date 6-4-25

AMC - \$3.32
TNXP- \$41.47
DGLY \$2.59 – Reversed Split 2 times in May Down 80% Big sale
ATIP - \$.90

Stock Date 6-12-25

AMC - \$3.25
TNXP- \$30.30
DGLY \$2.83 – Reversed Split 2 times in May Down 80% Big sale
ATIP - \$.86
NCNA- \$.16 – New stock pick – was .05 june 6
KNW \$3.59 New stock pick -was .51 june 4

Stock Date 7-13-25

AMC - \$3.33
TNXP- \$40.64
DGLY \$2.24 – Reversed Split 2 times in May Down 80% Big sale
ATIP - \$1.03
NCNA- \$.05 – New stock pick – was .05 june 6
KNW \$3.30 New stock pick -was .51 june 4

Stock Date 9-10-25

AMC - \$2.77
TNXP- \$26.97
DGLY \$2.27 – Reversed Split 2 times in May Down 80% Big sale
ATIP – Removed
NCNA- \$3.20 – New stock pick – was .05 june 6

Stock Date 10-2-25

AMC - \$3.15

TNXP- \$24.72

DGLY \$2.04 – Reversed Split 2 times in May Down 80% Big sale

NCNA- \$4.63 – New stock pick – was .05 june 6

WLGSF \$.0041 – New Stock Pic for me

DFLIW \$.13 was .4 in September

FAGIX – Fidelity Mutual Fund \$10.86 YTD ROR 8% -10%

Debt Elimination is the best ROR because if you paid off Credit Card Debt and Loan Debt at 10-30 %

You save 10-30% it is Guaranteed ROR. So, paying down debt is the best investment right now because the market is so weird.

Team Building Info

I would like to do a live Meet and greet with team members for 4th quarter.

We can meet at

1) restaurant -Mc Donalds / Buffet etc

2) Rent Airbnb home – have home party/ training on weekend

3) Some one open up home for everyone (home party)

I have projector and materials – just need a place

You CAN DO THIS!!!

Continue to Fast and Pray for Wisdom Knowledge & Understanding. Work hard and you will win in

Jesus Name AMEN!!!